



**Cabrillo Beach Youth Waterfront Sports Center
Boy Scout Day Camp
2009**



Participant Information

| | | | |
|------------------------------|-------|--|---------|
| Last | First | Nickname (What do you like to be called?) | |
| Address | | City | Zip |
| Date of Birth | Age | Troop # | Council |
| Parent's Name(s) | | Contact Number during the day with area code | |
| Evening Phone with area code | | Cell phone or Pager number with area code | |

Please select T-Shirt size. Shirts are adult sizes.

One Free

- Small
- Medium
- Large
- Extra Large
- Double Extra Large (2XL--\$1.00 more)
- Triple Extra Large (3XL--\$2.00 more)

Extra Shirts

- Qty Extra _____ x \$12.00
- Qty Extra _____ x \$12.00
- Qty Extra _____ x \$12.00
- Qty Extra _____ x \$12.00
- Qty Extra _____ x \$13.00
- Qty Extra _____ x \$14.00

| STEP ONE: Select your week(s) | STEP TWO: Select the merit badges you would like for the time session you would like. | | | | STEP THREE: | |
|---------------------------------------|--|-------------|-------------------------|-----------|---|---|
| | FULL DAY \$180 | | | | Extended AM \$20.00 7:30 to 8:15 am | Extended PM \$20.00 4:45 to 5:30 pm |
| | AM SESSION \$100 | | PM SESSION \$100 | | | |
| | 9:00 -10:30 | 10:30-12:00 | 1:00-2:30 | 2:30-4:00 | | |
| | Select a class for each time slot for the week(s) you are registering.* | | | | | |
| <input type="checkbox"/> August 10-13 | | | | | | |
| <input type="checkbox"/> August 17-20 | | | | | | |

*Additional fees required—see below.

| FOR OFFICE USE ONLY | | | | | |
|---------------------------------|-----------------|-----------|------------------------------------|--|--|
| Additional MB Class Fees | | Date Paid | Summer Day Camp Fee Summary | | |
| Merit Badge Class Name | Additional Fees | | Day Camp Fee | | |
| Archery | \$20.00 | Receipt # | Additional MB Class Fees | | |
| Art | \$5.00 | | Additional T shirts | | |
| Leatherwork | \$5.00 | Cash | TOTAL FEES | | |
| Motorboating | \$10.00 | Check # | Notes: | | |
| Wood Carving | \$5.00 | | | | |
| Aviation | \$20.00 | Other | | | |

3000 Shoshonean Road
San Pedro, CA 90731
(310) 831-1984

Fax: (310) 831-2907
Email: admin@cabrilloyouthcamp.org
Website: www.cabrilloyouthcamp.org



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Welcome to Cabrillo Beach Youth Waterfront Sports Center Boy Scout Day Camp! This summer's going to be hot, so stay cool at the beach and earn a few Merit Badges, make some friends and have a blast! This Day Camp is open to Boy Scouts, ages 11 up to 18 years of age.

We will have two one-week summer sessions to choose from, running from August 10-14, 2009, and August 17-20, 2009. Each week is a separate session and Scouts can choose different activities weekly to keep them busy. Some Merit Badges require an additional material/fuel cost. Lunch is from 12-1 p.m. with some cool activities and a little friendly competition. Campers attending a full day may take a \$20 discount; half-day session campers may take a \$10 discount when pre-registering by August 1, 2009. Registration is now being taken at Cabrillo; however, the sooner a Scout signs up, the better chance he will have to receive the desired Merit Badge activity. For more information, contact Cabrillo Beach Youth Waterfront Sports Center at (310)831-1984 or email at admin@cabrilloyouthcamp.org.

WHAT'S INCLUDED

- A camp T-shirt
- Lunch every day

Our full day session begins at 8:30 a.m. and ends at 4:30 p.m., Monday through Friday. Extended hours (7:30 to 8:15 am and 4:45 to 5:30 pm) for drop off and pickup are also available for an additional fee. The daily schedule is:

| | | | |
|-------------------|----------------|------------------|--------------|
| Check-in/Opening: | 8:30 to 8:50 | Session 3: | 1:00 to 2:20 |
| Session 1: | 9:00 to 10:20 | Session 4: | 2:30 to 3:50 |
| Session 2: | 10:30 to 11:50 | Closing/Cleanup: | 4:00 to 4:20 |
| Lunch: | 12:00 to 12:50 | Check Out: | 4:30 |

Field trips are scheduled during the week to the Cabrillo Aquarium, the tide pools (first week only), the Korean Bell of Friendship (Trail to First Class), the Los Angeles Maritime Museum and the Los Angeles Harbor Fire Museum. At this time, the schedule is not set for all field trips. Any registered Scout for this day camp may participate in any field trip with proper parent permission and signature on field trip permission slips.

Some classes have an additional materials fee to cover additional materials.

| | | | |
|--------------|------|--------------|------|
| Archery | \$20 | Leatherwork | \$5 |
| Art | \$5 | Wood Carving | \$5 |
| Motorboating | \$10 | Aviation | \$20 |

We have added swim lessons for Scouts who need assistance learning to swim or need refinement of their skills. Free swim period is available the last session of the day during both weeks. This will be allowed provided those who have elected free swim do not interrupt/disrupt classes utilizing the pool. Scouts not electing to have a free swim period will be allowed to swim once all merit badge work has been completed for that period.



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Because of new merit badge requirements, most merit badges will have prerequisites. **These prerequisites MUST be completed before day camp starts.** Prerequisites not completed may result in a partial being given or inability to take the desired class. Scouts need a merit badge book for each merit badge class they are taking. We will have a limited amount of merit badge books available for sale. **Please make sure your Scout has the most current merit badge book as requirements changed January 31, 2005, for most merit badges!** Some of the changes are quite significant.

Also, before the session begins, you must have a blue merit badge card signed by your Scoutmaster to complete the merit badge requirements.

NOTE: All Scouts will perform the BSA swim test on the first day of each session. All Scouts wishing to swim during free swim or lunch must take the swim test.

| BADGE CLASS | PRE-REQUISITES |
|------------------------------|---|
| American Labor | 1, 2, 4, 5 |
| Bird Study | 8 |
| Camping | 8c, 9—all |
| Canoeing | 1 and 2a. Must complete BSA swim test |
| Citizenship in the Community | 3a, 4, 8 |
| Citizenship in the Nation | 2, 3 |
| Citizenship in the World | 1, 5b, 5c, and 6a. Will need a copy of the Sunday edition of the Los Angeles Times—no more than one week old. |
| Communications | 4, 5, 8, 9 |
| Computers | 4, 5 |
| Crime Prevention | 2, 3a, 3b, 5a, 5b, 7, |
| Emergency Preparedness | First Aid Merit Badge (cannot be earned concurrently), 7, 8, 9 |
| First Aid | 1, 2b, 5 |
| Genealogy | 4, 5, 7, 9, |
| Indian Lore | 1, 3 |
| Lifesaving | 1, 15. Must complete BSA swim test |
| Motorboating | 4b, 4d. Must complete BSA swim test |
| Music | 3a or 3b, 4d |
| Oceanography | 7, 8 |
| Personal Fitness | 1 |
| Personal Management | 1, 5, 8, 9, 10 |
| Rowing | 1. Must complete BSA swim test |
| Swimming | 1, 3, 10. Must complete BSA swim test |
| Traffic Safety | 1a, 4c, 5 |
| Wood Carving | 1, 2a (can be concurrent) |



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SCHEDULE OF CLASSES

Not all merit badges are offered every week so be sure and check the times and weeks offered below to make sure the merit badge activity is offered when you want it.

| WEEK 1 (August 10-14) | | | |
|------------------------------|---------------------------------|---|---|
| 9 to 10:20 | 10:30 to 11:50 | 1:00 to 2:20 | 2:30 to 3:50 |
| Swim Lessons Levels 1-4 | Swim Lessons Levels 1-4 | Swim Lessons Levels 1-4 | Swim Lessons Levels 1-4 |
| Art and Music | Swim Lessons Levels 5-6 | Personal Fitness and Personal Management | Swim Lessons Levels 5-6 |
| Canoeing | Composite Materials | Textiles | Citizenship in the Community |
| Fire Safety | Art and Music | Art and Music | Basketry |
| Railroading | Emergency Preparedness | Swimming | Art and Music |
| Communications | Automotive Repair | Plumbing | Lifesaving |
| Trail to First Class | Reading | Aviation | Personal Management and Family Life |
| Leatherwork | Orienteering | Communications | Automotive Repair |
| Environmental Science | Fish and Wildlife Management | First Aid | Archery Shoot for Score* (Additional \$20 fee) |
| Weather | Oceanography | Oceanography | Fish and Wildlife Management |
| American Heritage | Communications | Citizenship in the Nation | Environmental Science |
| Sports | Citizenship in the Community | Architecture | Engineering |
| Free Swim | Free Swim | Free Swim | Free Swim |

| WEEK 2 (August 17-21) | | | |
|---|---------------------------------|-----------------------------------|--|
| 9 to 10:20 | 10:30 to 11:50 | 1:00 to 2:20 | 2:30 to 3:50 |
| Personal Management and Personal Fitness | Swim Lessons Levels 1-4 | Textiles | Swim Lessons Levels 1-4 |
| Art and Music | Citizenship in the Community | Art and Music | Basketry |
| Canoeing | Composite Materials | Lifesaving | Art and Music |
| Fire Safety | Art and Music | Plumbing ***SOLD OUT*** | Swimming |
| Automotive Repair | Emergency Preparedness | Automotive Repair | Personal Management and Family Life |
| Communications | Railroading | Communications | Aviation ***SOLD OUT*** |
| First Aid | Reading | Orienteering | Archery Shoot for Score/Fun |
| Totin' Chip and Woodcarving | Trail to First Class | Oceanography | Fish and Wildlife Management |
| Weather | Fish and Wildlife Management | Citizenship in the Nation | Environmental Science |
| Environmental Science | Oceanography | | |
| American Heritage | Communications | | |
| Sports | | | |
| Free Swim | Free Swim | Free Swim | Free Swim |

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The American Red Cross Swimming and Water Safety Program features six levels of learn to swim instruction to help swimmers of all ages and abilities develop their swimming and water safety skills. It is designed to give students a positive learning experience. American Red Cross Learn-to-Swim teaches aquatic and safety skills in a logical progression. The objective is to teach people to swim and to be safe in, on and around the water.

If you are unsure of the level for which to sign-up, call or stop by the pool to arrange for a swim test. Classes may be cancelled or combined in the event of low enrollment. Please register early to reserve your place in class and no later than one week prior to the beginning of the session.

Skills are categorized in the following way:

- Water Entry and Exit
- Breath Control and Underwater Swimming
- Buoyancy
- Changing Direction and Position
- Treading
- Swimming on Front, Back and Side
- General and Personal Water Safety
- Helping Others

Not every level includes skills in all categories. Nor is it necessary to introduce the skills in the order of categories listed above. It is very important, however, to introduce safety skills in the first lesson of each level, so participants are aware of what they can do to be safe around the water.

Students in Level 1 are oriented to the aquatic environment and gain some basic skills in each category. At later levels, students build on their basic skills to learn propulsive movements on the front, back and side. They learn different strokes at various levels and then refine them at later levels. Personal safety and rescue skills are included to help students meet safety goals. By the end of Level 6, students have all the prerequisite skills and have developed the necessary fitness level for entrance into the American Red Cross Lifeguard Training and Water Safety Instructor Courses. The six Learn-to-Swim levels and the objectives for each level include:

| | |
|-----------|--|
| Level 1 - | Introduction to Water Skills. Helps students feel comfortable in the water and to enjoy the water safely. |
| Level 2 - | Fundamental Aquatic Skills. Gives students success with fundamental skills. |
| Level 3 - | Stroke Development. Builds on the skills in Level 2 by providing additional guided practice. |
| Level 4 - | Stroke Improvement. Develops confidence in the strokes learned thus far and to improve other aquatic skills. |
| Level 5 - | Stroke Refinement. Provides further coordination and refinement of all the strokes. Flip turns on the front and back are also introduced. |
| Level 6 - | Swimming and Skill Proficiency. Refines the strokes so students swim them with ease, efficiency, power and smoothness over greater distances. Level 6 is designed with "menu" options. Each of these options focus on preparing students to participate in more advance courses, such as Water Safety Instructor and Lifeguard Training. These options include: <ul style="list-style-type: none"> • Fundamentals of Diving - 6A (Not available at CBYWSC) • Fitness Swimmer - 6B • Lifeguard Readiness - 6C • Personal Water Safety - 6D |



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TRAIL TO FIRST CLASS REQUIREMENT 1b

Dear Parents:

We are planning a walking trip to the Korean Bell of Friendship as a part of the Trail to First Class (Second Class Requirement #1b). This hike is approximately five miles in length and is a strenuous activity. Please advise center staff if your Scout needs an inhaler.

Things needed to participate in this activity are: Compass, Boy Scout 10 Essentials (see Scout Handbook), comfortable walking shoes, camp t-shirt, sunscreen, bottled water, and a cap.

Scouts participating in this activity will be given a sack lunch which they will carry with them. They will be accompanied by at least two adults who will walk with them to the Korean Bell of Friendship. They will leave camp at approximately 9 a.m. and arrive at the Bell at approximately 11:30 a.m.-12:00 p.m. Once there, they will rest and eat lunch. They will leave the Bell at approximately 1:00 p.m. and then hike back to camp at approximately 2:30 p.m. to 3:00 p.m.

At that time, Scouts will have a closing ceremony in the amphitheater where they will receive their patch, completed (or partial) blue cards, and certificate of completion/participation.

Please Sign and Return



August 1, 2009

I give permission for my child, _____, to go on a five
(Please print child's name)

mile hike to the Korean Bell of Friendship on _____. I understand that this is a strenuous activity and I have turned in my child's health form.

Child's Name

Parent's Signature

Please check here if your child has asthma and uses an inhaler.

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OCEANOGRAPHY

Dear Parents:

We are planning a walking trip to the Cabrillo Marine Aquarium and the tide pools. Please advise center staff if your Scout needs an inhaler.

Things needed to participate in this activity are: Compass, Boy Scout 10 Essentials (see Scout Handbook), comfortable walking shoes, camp t-shirt, sunscreen, bottled water, and a cap.

Scouts will be accompanied by at least two adults who will walk with them to the Aquarium and the tide pools. This is approximately a five minute walk. We will leave the center approximately 12:00 noon with a sack lunch. We will eat lunch at the park next to the Aquarium, explore the Tide Pools, and explore the Aquarium and touch tanks. We will return to the center at approximately 4:00 p.m.

At that time, Scouts will have a closing ceremony in the amphitheater where they will receive their patch, completed (or partial) blue cards, and certificate of completion/participation.

Please Sign and Return



August 1, 2009

I give permission for my child, _____, to go to the tide
(Please print child's name)

pools and Cabrillo Marine Aquarium on _____. I have turned
in my child's health form.

Child's Name

Parent's Signature

Please check here if your child has asthma and uses an inhaler.



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Archery Permission Slip

I give permission for (name of minor) _____, to participate in Archery activities at Cabrillo Beach Youth Waterfront Sports Center. I understand that these activities are organized and supervised by certified adults. Above said minor is registered with the Boy Scouts of America (BSA) and is included under the BSA insurance policies for the event.

Date _____ Signature _____

Father ___ Mother ___ Guardian ___ Other (explain) _____

___ I **DO NOT** give my permission for my son to participate in Archery.

___ I **GIVE PERMISSION** for my son to participate in Archery activities and I have signed the Shooting Sports Permission Slip.

NO SIGNATURE MEANS NO SHOOTING FOR YOUR SON!



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Talent Release Form

In consideration of my engagement as a model, I hereby grant right and permission to copyright and to use and publish, in any media, the photographs/film/ videotapes/electronic representations and/or sound recordings made of me by Learning for Life, at the time and place indicated below. I hereby release Learning for Life, or its assigns, from any and all liability from any such use and publication.

I hereby authorize the reproduction, sale, copyright, exhibit, broadcast and/or distribution of said photographs/film/videotapes/electronic representations and/or sound recordings in any media for any purpose whatsoever without limitation at the sole discretion of Cabrillo Beach Youth Waterfront Sports Center, or its assigns, and I specifically waive any further right to any compensation for any of the foregoing.

Signed: _____

Guardian: _____
(if under the age of 18)

Witness: _____

Session Date: _____

Please Print

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone Number: _____